## MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers CommitteeDATE: September 9, 2008PLACE: Community Facilities BuildingTIME: 12:00 N – 1:30 PMATTENDEES: Rhonda Blanton, Anita Brown, Sean Gibson, M.R. Hall, Lisa Hilliard, Kathy McGaha, Sara Melton, CindyMiles, Sheila Southard, Carlos Vargas, Kim Watkins, Vince West and George Young

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Kathy McGaha welcomed everyone to today's meeting of the Elder Care and Caregivers Committee. Ms. McGaha asked the committee members to review the minutes of the last meeting. Vince West motioned for the approval of the minutes. Cindy Miles 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Introductions	Kathy McGaha asked the committee members to introduce themselves and tell what organization they represented.		
Senior Expo and Health Fair Cont.	<ul> <li>Kathy McGaha led the committee members on a further group discussion on Macon County's Senior Expo and Health Fair. The following topics were discussed: <ul> <li>A. Budget – George Young reported that the budget was met. (Revenues exceeded expenses)</li> <li>B. Exhibition Booth Sales and Registration – Mr. Young reported that very few companies had outstanding bills. Mr. Young said he had sent a compiled list of all companies and organizations that had paid booths to Rhonda Blanton.</li> <li>C. Nonprofit Booths – The committee members suggested the following non-profit organizations to consider for booths next year: <ul> <li>a. Hospice House Foundation</li> <li>b. Sheriff's Department</li> <li>c. EMS</li> </ul> </li> <li>D. Marketing and Radio – Mr. Young thought the coverage of this event went well.</li> <li>E. Space and Facilities – Depending on what events are scheduled next year, the committee members agreed that some room changes might be needed next year.</li> <li>F. Food – Vince West said Senior Games was</li> </ul> </li> </ul>		

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	extremely pleased with the breakfast that the		
	radio station provided.		
	G. Education Seminars – The committee members		
	further discussed topics for the education		
	seminars. Medical topics, like diabetes, were		
	being considered. These seminars need more		
	publicity on their locations and times.		
	H. Screenings – The screenings were very successful		
	and stayed busy during the times they were		
	available.		
	I. Any other? – The committee members discussed		
	the following other topics:		
	a. Providing entertainment		
	b. Senior Man & Woman contest		
	c. Bingo games		
	d. Date for this event next year – Mr. West		
	suggested that May 1 <sup>st</sup> would be the best for		
	Senior Games.		
Senior Services Relocation	Sheila Southard announced that Senior Services would		
	be relocating to the old library. Ms. Southard did not		
	have a time frame for this move, but would inform the		
	committee members when more details were available.		
	Ms. Southard said with the move they hope to become a		
	Senior Center where seniors could come and do different		
	activities and events. Ms. Southard said another plan for		
	this building is to contain a Family Resource Center.		
	This center would provide information about services,		
	referrals, and education for Macon County families.		
Planning for Future Senior	Kathy McGaha asked Cindy Miles to update the		
Needs	committee members on the status of Planning for Future		
	Senior Needs. Ms. Miles said the County Plan on Aging		
	( <i>The Aging of Macon</i> ) needed to be further refined and		
	developed. Ms. Miles said the broad goals that were		
	stated in the document needed to be more specific and		
	strategies or priorities defined and listed.		

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	After a group discussion, it was decided that the Macon County Senior Services Advisory Council and this committee will combine and work on this project. The meeting date for this will be October 15 <sup>th</sup> starting at 3:00 PM at the Senior Services Building. Rhonda Blanton was asked to notify the Elder Care and	Rhonda Blanton will invite the Elder Care and Caregivers Committee members to a combined meeting with the Macon County Senior Services Advisory Council on	
Next Project	Caregivers Committee members about this meeting.Kathy McGaha reclarified that the next project for this committee is to further pursue Senior Friendly Planning.Once the combined committees working on the Senior Friendly Planning process has met and further defined the plan and highlighted one or two specific strategies or priorities, Ms. McGaha said the Elder Care and Caregivers Committee can decide if they want to pursue this topic further.	October 15 <sup>th</sup> .	
Other Items of Discussion	<ul> <li>Other items for discussion were:</li> <li>Rhonda Blanton informed the committee members about the upcoming School Health Fairs starting in September. Ms. Blanton stated she had volunteer forms if anyone needed one.</li> <li>A suggestion was made during the meeting to invite the new Special Events Coordinator (Tim Crabtree) for Macon County Parks &amp; Recreation to our next meeting. It was suggested that Ms. Blanton invite Mr. Crabtree to the next meeting.</li> </ul>	Rhonda Blanton will invite the new Special Events Coordinator to the next Elder Care and Caregivers Committee meeting.	
Next Meeting Date	The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, December 9 <sup>th</sup> , from 12:00 Noon – 1:30 PM at the Community Facilities Building.		

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